

May 5th



Schedule

*We are grateful to all for donating their valuable time and priceless talents to make National Astronaut Day come ALIVE, and be accessible to ALL.*

*Their gracious support, and the tireless dedication given by those on the frontline, is a true inspiration and a reminder that together we rise by lifting others. Thank You & Enjoy!*

**9:15AM**  
(EDT)

**Astronaut Wendy Lawrence "OTD May 5th"**

**National Astronaut Day Facebook Page**



Join Astronaut Wendy Lawrence to learn more about the significance of Alan Shepard's historic launch on May 5th, 1961, and the trailblazing impact it had on Space Exploration & Astronauts - past, present & future. (Video)

**9:34AM**  
(EDT)

**Alan Shepard Historic Launch Video**

**National Astronaut Day Facebook Page**

On May 5, 1961, NASA Astronaut Alan Shepard launched at 9:34 a.m. EDT aboard his Freedom 7 capsule to become the first American in space. His historic flight lasted 15 minutes, 28 seconds.



**9:45AM**  
(EDT)

**Astronaut Steve Smith "Favorite Space Memory"**

**National Astronaut Day Facebook Page**



Astronaut Steve Smith talks about his favorite space memory - spacewalking to work on the Hubble telescope. (Video)

**Anytime**

**Social Media Activity - AR Astronaut  
National Astronaut Day Website**

Be An Astronaut! Grab your mobile device and check out our new Augmented Reality (AR) Astronaut Face Filters for Instagram & Facebook. Go to [NationalAstronautDay.com](http://NationalAstronautDay.com), follow the instructions & have fun! Don't forget to post on social and [#WeBelieveInAstronauts](https://twitter.com/WeBelieveInAstronauts) [#BeAnAstronaut](https://twitter.com/BeAnAstronaut)



**10:15AM**  
(EDT)

**Astronaut Barbara Morgan "Special Space Moment"**

**National Astronaut Day Facebook Page**



NASA's Mission Control has a long tradition of waking up Astronauts in orbit each morning with special wake up music. The songs are usually selected for the crew by Astronauts' friends and family. Tune in to hear a special recording of one of STS-118's wake-up calls. Astronaut Barbara Morgan's son, Adam, wrote the song and recorded it in his bedroom closet! Barbara hopes this will inspire you to write and sing a little song for your family, while you're staying safe and healthy at home. (Video)



# Anytime

## Activity - Thank the Frontline Superstars National Astronaut Day Website

Please join us and THANK THE FRONTLINE SUPERSTARS!  
They are "out of this world" superheroes, right here on Earth!  
Participate with profile pic filters, DIY Signs & Posters for your windows or front door, custom social media posts, GIFs & more.  
Go to [NationalAstronautDay.com](http://NationalAstronautDay.com) for info & links.  
Post on social & #FrontlineSuperstars #NationalAstronautDay



# 10:45AM (EDT)

## Astronaut Greg H. Johnson "Best Space Memory" National Astronaut Day Facebook Page



Astronaut Greg "Box" Johnson shares about one of his favorite space memories when he was able to have a video teleconference with his family from Space. (Video)

# Anytime

## Activity - Club for the Future National Astronaut Day Activities Page

Calling All Dreamers! Club for the Future founded by Blue Origin invites you to send a postcard to SPACE! Check out the activities section at [NationalAstronautDay.com](http://NationalAstronautDay.com) and look for this image, it will have instructions on how you can send a postcard to Space! (& have it sent back to you!)





**11:15AM**  
(EDT)

**Astronaut Pamela A. Melroy**  
**National Astronaut Day Facebook Page**



Tune in to see Astronaut Pam Melroy talk about her own personal journey and experiences as an Astronaut and in Space, an overview of Human Spaceflight past, present & future, ending with a motivational message for all. (Video)

**11:30AM**  
(EDT)

**Astronaut Leland Melvin**  
**National Astronaut Day Facebook Page**

Tune in to see Astronaut Leland Melvin talk about the importance of having a dream, and how his own dreams through life have shaped his personal journey. (Video)



**11:45AM**  
(EDT)

**Astronaut Nicole Stott**  
**National Astronaut Day Facebook Page**



Tune in to hear Astronaut Nicole Stott discuss Lessons learned from Space, and learn more about the Space for Art Foundation, and how you can participate in the BEYOND Global Community Art Project. (Video)





**12:00PM**  
(EDT)

**Higher Orbits "Create a Family Mission Patch"**

**Higher Orbits Facebook Page**

Create your own Family Mission Patch Art Activity. Have your pencils ready to start sketching ideas as Higher Orbits talks about the significance of mission patches, and challenges you to create your own mission patch for your home crew - your family! (Facebook LIVE)



To Benefit Higher Orbits



Collaboration With NAD Art Contest



**1:00PM**  
(EDT)

**Astronaut Clay Anderson "Turning Pages Into Dreams"**

**Astronaut Clayton Anderson Facebook Page**



Turn Pages Into Dreams with "Astro Clay"

Readings and discussion from #TheOrdinarySpaceman and a sneak preview reading from his upcoming children's book "LettersFromSpace!" Postcard writing activity to follow. (Facebook LIVE)

To Benefit Reading Is Fundamental (RIF)



Collaboration With Giving Tuesday Kids







**1:00PM**  
(EDT)

**Astronaut Garrett Reisman "Playlist Premiere"**  
**Astronaut Garrett Reisman Instagram LIVE**

Join Astronaut Garrett Reisman for the premiere of "Astronaut Songs: Stories from Space", his curated Topsyfy music playlist. All songs were specifically selected to recall or reflect on an actual Space memory or experience. Tune in LIVE to hear some of the stories and songs. (Instagram LIVE)



Collaboration With Topsyfy.



**1:30PM**  
(EDT)

**"When We Were Young" Music Video Premiere**  
**National Astronaut Day Facebook Page**



Tune in for the premiere of the National Astronaut Day video edit of "When We Were Young", by TDIII. See if you recognize anyone in the video. (Facebook Premiere - Watch Party)



**2:00PM**  
(EDT)

**Astronaut Leroy Chiao "Launching Inspiration"**  
**Astronaut Leroy Chiao Facebook Page**



Assemble and Launch your own Rocket Activity!  
Join Astronaut Leroy Chiao for a "show & tell"  
Estes Rocket launch, followed by a Q&A.  
Additional activities from OneOrbit™ & Estes on  
NAD Activity Page. (Facebook LIVE)

To Benefit Space Center Houston



Collaboration With Giving Tuesday Kids



Presented by OneOrbit™ & Estes Rockets



**2:00PM**  
(EDT)

**Astronaut Greg H. Johnson "Live Stream Podcast"**  
**National Day Calendar Facebook Page**



Tune in to a LIVE conversation, with  
Astronaut Greg H. Johnson, about what it's  
like to be an Astronaut and all things  
Space! (LIVE Stream National Day  
Calendar Facebook, YouTube, Twitter  
(Periscope), and LinkedIn

To Benefit Higher Orbits



Collaboration With National Day Calendar







## Astronaut Dottie Metcalf-Lindenburger "Launching Dreams"

**3:00PM**  
(EDT)

**Online Zoom Session - Pre Register HERE**

Dream Big! Join Astronaut Dottie Metcalf-Lindenburger for a very special "Virtual Astronaut" Talk and Q&A. Launching Dreams; what curiosity, hard work and joy can bring as you work towards your BIG dreams. (ZOOM LIVE - Pre Registration Required)



To Benefit Challenger Center

**Challenger**  
CENTER

Collaboration With Giving Tuesday Kids

GIVINGTUESDAY **kids**

Presented by Cosmic Crisp Apples

**COSMIC**  
CRISP

**4:00PM**  
(EDT)

## Astronaut John "Danny" Olivas

**National Astronaut Day Facebook Page**



Tune in for a special message from Astronaut Danny Olivas, and the premiere of the new audio version of Endeavour's Long Journey. (In English & Spanish)

Sintonice un mensaje especial del astronauta Danny Olivas y el estreno de la nueva versión en audio de Endeavour's Long Journey. (En inglés y español)

To Benefit Reading Is Fundamental (RIF)

**Reading**  
Is Fundamental

In Support of "Space For Everyone" Fdn

The Olivas Family Foundation

**SPACE FOR EVERYONE**





**4:00PM**  
(EDT)

**Emmanuel Jal "Motivational Talk & Performance"**

**Emmanuel Jal Facebook Page**

Boldly Shine & Leave a Trail of Stardust: Using Your Imagination to Reach for the Stars and create Peace. Join Emmanuel Jal for a very special motivational talk and performance. Hear stories from his own childhood about looking to the stars and sky for inspiration. (Facebook LIVE)



To Benefit **Gua Africa**



**5:00PM**  
(EDT)

**Jeff Russo "Title Cards & Musical Inspiration"**

**Jeff Russo Facebook Page**



Join Emmy-winning composer, Jeff Russo, for a special "inside the studio" view of the making of the title card music for Star Trek: Picard and For All Mankind. (Facebook LIVE)

**5:00PM**  
(EDT)

**Scotty Kilwein "Space Song Sing-A-Long"**

**Scotty Kilwein Facebook Page**

Join Scotty Kilwein for a special National Astronaut Day Family "Space Song Sing-A-Long." The set will feature some of your favorite Astronaut & Space themed songs, all are welcome to come join the fun! (Facebook LIVE)



**6:05PM** (That's  
5:05C)  
(EDT)

**FolkUke "Live Music Performance"**

Intergalactic Emotionally Distancing Tour 2020 **Stagelt LIVE**



In honor of National Astronaut Day, Folk Uke will be doing a LIVE Stagelt show, it will be out of this world. Join us! Pay what you can. Half the proceeds from the show will be donated to the Challenger Center. Let's have fun! See you there! xo

**To Benefit Challenger Center**

**Challenger**  
CENTER

**7:00PM**  
(EDT)

**Toby Lightman "I'm Comin' Over" - The Moon Edition**

**Toby Lightman Instagram LIVE**

In honor of National Astronaut Day, I'm Comin Over online to play a short set to applaud our Astronauts who travel to the Moon & beyond. Leo is fascinated by the Moon, so I will play my new single "I'm Comin' Over", and songs & stories inspired by the Moon. All tips will be donated to Reading Is Fundamental, to help get books into the hands of children who don't have access, so they too can also learn about the moon and beyond! Please tune in, and I look forward to seeing you all then! (Instagram LIVE)



**To Benefit Reading Is Fundamental (RIF)**

**Reading**  
Is Fundamental

**T:BDPM**  
(EDT)

**Particle Kid** (J. Micah Nelson)  
**Particle Kid Instagram**



Join Particle Kid for a special National Astronaut Day music performance. Please stay tuned for updates.

**7:00PM**  
(EDT)

**Emerson Hart** (of Tonic)  
**Emerson Hart Facebook Page**

To Celebrate National Astronaut Day, Emerson Hart, of Tonic will be performing a special acoustic Facebook LIVE set. Please join him in honoring Astronauts from around the globe and admire the great discoveries they have made. See you there!



**8:00PM**  
(EDT)

**Michael Glabicki** (of Rusted Root) w/ Dirk Miller  
**Michael Glabicki Facebook Page**



Michael Glabicki, lead singer, songwriter and guitarist for Rusted Root, is bringing one of his new projects, a duo set up, to Facebook LiveStream in honor of National Astronaut Day! Join us as Glabicki and his long-time bandmate Dirk Miller play some of your Rusted Root favorites along with new material. Pay what you can! Come hang with us!

**To Benefit Greater Pittsburgh Community Food Bank**



Donate via Paypal



Donate via Venmo