

May 5th



Schedule

We are grateful to all for donating their valuable time and priceless talents to make National Astronaut Day come ALIVE, and be accessible to ALL.

Their gracious support, and the tireless dedication given by those on the frontline, is a true inspiration and a reminder that together we rise by lifting others. Thank You & Enjoy!

9:15AM
(EDT)

Astronaut Wendy Lawrence "OTD May 5th"

National Astronaut Day Facebook Page



Join Astronaut Wendy Lawrence to learn more about the significance of Alan Shepard's historic launch on May 5th, 1961, and the trailblazing impact it had on Space Exploration & Astronauts - past, present & future. (Video)

9:34AM
(EDT)

Alan Shepard Historic Launch Video

National Astronaut Day Facebook Page

On May 5, 1961, NASA Astronaut Alan Shepard launched at 9:34 a.m. EDT aboard his Freedom 7 capsule to become the first American in space. His historic flight lasted 15 minutes, 28 seconds.



9:45AM
(EDT)

Astronaut Steve Smith "Favorite Space Memory"
National Astronaut Day Facebook Page



Astronaut Steve Smith talks about his favorite space memory - spacewalking to work on the Hubble telescope. (Video)

Anytime

Be An Astronaut! Try the AR Face Filter
National Astronaut Day Website

Be An Astronaut! Grab your mobile device and check out our new Augmented Reality (AR) Astronaut Face Filters for Instagram & Facebook. Go to the Moon or Mars! Go to NationalAstronautDay.com, follow the instructions & have fun! Don't forget to post on social and [#WeBelieveInAstronauts](https://twitter.com/WeBelieveInAstronauts) [#BeAnAstronaut](https://twitter.com/BeAnAstronaut)



10:15AM
(EDT)

Astronaut Barbara Morgan "Special Space Moment"
National Astronaut Day Facebook Page



NASA's Mission Control has a long tradition of waking up Astronauts in orbit each morning with special wake up music. The songs are usually selected for the crew by Astronauts' friends and family. Tune in to hear a special recording of one of STS-118's wake-up calls. Astronaut Barbara Morgan's son, Adam, wrote the song and recorded it in his bedroom closet! Barbara hopes this will inspire you to write and sing a little song for your family, while you're staying safe and healthy at home. (Video)



Anytime



Activity - Thank the Frontline Superstars National Astronaut Day Website

Please join us and THANK THE FRONTLINE SUPERSTARS!

They are "out of this world" superheroes, right here on Earth! Participate with profile pic filters, DIY Signs & Posters for your windows or front door, custom social media posts, GIFs & more. Go to NationalAstronautDay.com for info & links.

Post on social & #FrontlineSuperstars #NationalAstronautDay



10:45AM (EDT)

Astronaut Greg H. Johnson "Best Space Memory" National Astronaut Day Facebook Page



Astronaut Greg "Box" Johnson shares about one of his favorite space memories when he was able to have a video teleconference with his family from Space. (Video)

Anytime

Activity - Club for the Future National Astronaut Day Activities Page

Calling All Dreamers! Club for the Future founded by Blue Origin invites you to send a postcard to SPACE! Check out the activities section at NationalAstronautDay.com and look for this image, it will have instructions on how you can send a postcard to Space! (& have it sent back to you!)



11:00AM (EDT)

Astronaut Frank Culbertson "Space Reflections" National Astronaut Day Facebook Page



Astronaut Frank Culbertson reflects on his time in Space, and provides inspiration by sharing some of the lessons he has learned on his journey. (Video)

11:15AM
(EDT)

Astronaut Pamela A. Melroy
National Astronaut Day Facebook Page



Astronaut Pam Melroy talks about the challenges of spaceflight, the importance of teamwork, communication and diversity. Listen to her talk about experiences of flying in Space and how important it is to understand we are all part of a spaceship together - Earth! (Video)

11:30AM
(EDT)

Astronaut Leland Melvin
National Astronaut Day Facebook Page

Tune in to see Astronaut Leland Melvin talk about the importance of having a dream, and how his own dreams through life have shaped his personal journey. (Video)



11:45AM
(EDT)

Astronaut Nicole Stott
National Astronaut Day Facebook Page



Tune in to hear Astronaut Nicole Stott discuss Lessons learned from Space, and learn more about the Space for Art Foundation, and how you can participate in the BEYOND Global Community Art Project. (Video)



12:00PM
(+ 7 - 9PM E) (EDT)

GivingTuesdayNow Livestream
Giving Tuesday Facebook Page



May 5 is also GivingTuesdayNow - a global day of giving and unity as an emergency response to the unprecedented need caused by COVID-19. Join the global GivingTuesday team to hear how movement leaders, do-gooders and communities all around the world are giving back during this unprecedented time. The GTNow Livestream will feature mention and clips from National Astronaut Day! (Facebook LIVE)

12:00PM
(EDT)

Higher Orbits "Create a Family Mission Patch"
Higher Orbits Facebook Page

Create your own Family Mission Patch Art Activity. Have your pencils ready to start sketching ideas as Higher Orbits talks about the significance of mission patches, and challenges you to create your own mission patch for your home crew - your family! (Facebook LIVE)



To Benefit Higher Orbits



Collaboration With NAD Art Contest



1:00PM
(EDT)

Astronaut Clay Anderson "Turning Pages Into Dreams"
Astronaut Clayton Anderson Facebook Page



Turn Pages Into Dreams with "Astro Clay"
Readings and discussion from #TheOrdinarySpaceman and a sneak preview reading from his upcoming children's book "LettersFromSpace!" Postcard writing activity to follow. (Facebook LIVE)

To Benefit Reading Is Fundamental (RIF)



Collaboration With Giving Tuesday Kids





1:00PM
(EDT)

Astronaut Garrett Reisman "Playlist Premiere"
Astronaut Garrett Reisman Instagram LIVE

Join Astronaut Garrett Reisman for the premiere of "Astronaut Songs: Stories from Space", his curated Topsify music playlist. All songs were specifically selected to recall or reflect on an actual Space memory or experience. Tune in LIVE to hear some of the stories and songs. (Instagram LIVE)



Collaboration With Topsify.



1:30PM
(EDT)

"When We Were Young" Music Video Premiere
National Astronaut Day Facebook Page



Tune in for the premiere of the National Astronaut Day video edit of "When We Were Young", by TDIII. See if you recognize anyone in the video. (Facebook Premiere - Watch Party)

1:30PM
(EDT)

**Kaci Heins "Dare Mighty Things Together!"
Space Center Houston Microsoft Meet Up LIVE**

Tune in LIVE for the "Dare Mighty Things Together!" LIVE Meet Up. Isolation can be challenging, but staying positive and choosing to Dare Mighty Things will help you get through this mission! (Microsoft Meet Up LIVE - click link above)



To Benefit Space Center Houston



1:45PM
(EDT)

**DreamUp "Why Astronauts Float in Space" Activity
DreamUp Facebook Page**



Why do Astronauts float in space? The answer might surprise you! In this quick demonstration, Lauren Milord from DreamUp, will show how you can recreate the same phenomena that causes Astronauts to float in Space with just a cup of water. [Click here](#) for more STEM & Space science activities and curriculum.

2:00PM
(EDT)

**Barenaked Ladies & Cmdr Chris Hadfield
Barenaked Ladies #SelfieCamJam**

Tune In to see Barenaked Ladies & Commander Chris Hadfield's SelfieCamJam of their 2012 song I.S.S. (Is Someone Singing.)

The track was written together and recorded live while Commander Hadfield was in Space.

BNL has been releasing a series of SelfieCamJam's during this isolation. I.S.S. is their 12th in a series, along with weekly Facebook Live performances by Ed.



To Benefit Oxfam





2:00PM
(EDT)

Astronaut Leroy Chiao "Launching Inspiration" Astronaut Leroy Chiao Facebook LIVE

Assemble and Launch your own Rocket Activity!
Join Astronaut Leroy Chiao for a "show & tell"
Estes Rocket launch, followed by a Q&A.
Additional activities from OneOrbit & Estes on
NADActivity Page. (Facebook LIVE)



To Benefit Space Center Houston



Collaboration With Giving Tuesday Kids



Presented by One OrbitTM & Estes Rockets



2:00PM
(EDT)

Astronaut Greg H. Johnson "Live Stream Podcast: National Day Calendar Facebook Page



Tune in to a LIVE conversation, with
Astronaut Greg H. Johnson, about what
it's like to be an Astronaut and all things
Space! (LIVE Stream National Day
Calendar Facebook, YouTube, Twitter
(Periscope), and LinkedIn

To Benefit Higher Orbits



Collaboration with National Day Calendar





3:00PM
(EDT)

Astronaut Dottie Metcalf-Lindenburger "Launching Dreams"

Online Zoom Session - Pre Register HERE

Dream Big! Join Astronaut Dottie Metcalf-Lindenburger for a very special "Virtual Astronaut" Talk and Q&A. Launching Dreams; what curiosity, hard work and joy can bring as you work towards your BIG dreams. (ZOOM LIVE - Pre Registration Required)



To Benefit **Challenger Center**

Challenger
CENTER

Collaboration With **Giving Tuesday Kids**

GIVINGTUESDAY **kids**

Presented by **Cosmic Crisp** Apples

COSMIC
CRISP

4:00PM
(EDT)

Astronaut John "Danny" Olivas "Book Reading"

National Astronaut Day Facebook Page



Tune in for a special message from Astronaut Danny Olivas, and the premiere of the new audio version of Endeavour's Long Journey. (In English & Spanish)

Sintonice un mensaje especial del astronauta Danny Olivas y el estreno de la nueva versión en audio de Endeavour's Long Journey. (En inglés y español)

To Benefit **Reading Is Fundamental (RIF)**

Reading
Is Fundamental

In Support of **"Space For Everyone" Fdn**

The Olivas Family Foundation

SPACE FOR EVERYONE



4:00PM
(EDT)

Emmanuel Jal "Motivational Talk & Performance"

Emmanuel Jal Facebook Page

Boldly Shine & Leave a Trail of Stardust: Using Your Imagination to Reach for the Stars and create Peace. Join Emmanuel Jal for a very special motivational talk and performance. Hear stories from his own childhood about looking to the stars and sky for inspiration. (Facebook LIVE)



To Benefit **Gua Africa**



4:00PM
(EDT)

Jeff Russo "Title Cards & Musical Inspiration"
Jeff Russo Facebook Page



Join Emmy-winning composer, Jeff Russo, to celebrate National Astronaut Day with a short live performance and chat about the music of Star Trek Picard + Q&A. (Facebook LIVE)



4:30PM
(EDT)

IVEEN
IVEEN Facebook LIVE

Super excited to be doing a special Facebook LIVE performance for National Astronaut Day! I will be playing my instrumental single "Eta Carinae" (inspired by my favorite star in the Carina Constellation) on the electric/acoustic Harp. Also will be performing my new single, "Orion" that comes out on May 14th. Look forward to seeing you there! (Facebook LIVE)



5:00PM
(EDT)

The Rua
The Rua Facebook & IGTV



Tune in to The Rua for a musical performance of songs from their first album which were inspired by films set in Space.
(Facebook & IGTV Video)

Anytime

Reading Is Fundamental - Read a Book
Astronauts & Space Collection

In honor of National Astronaut Day, explore the outer limits and learn about the individuals that make Space travel possible with this collection of non-fiction and fiction in the Reading Is Fundamental (RIF) Astronauts & Space Collection.

Reading
Is Fundamental

5:00PM
(EDT)

Scotty Kilwein "Space Song Sing-A-Long"

Scotty Kilwein Facebook Page

Join Scotty Kilwein for a special National Astronaut Day Family "Space Song Sing-A-Long." The set will feature some of your favorite Astronaut & Space themed songs, all are welcome to come join the fun! (Facebook LIVE)



6:05PM (That's 5:05C)
(EDT)

FolkUke "Live Music Performance"

Intergalactic Emotionally Distancing Tour 2020 **Stagelt LIVE**



In honor of National Astronaut Day, Folk Uke will be doing a LIVE Stagelt show, it will be out of this world. Join us! Pay what you can. Half the proceeds from the show will be donated to the Challenger Center. Let's have fun! See you there! xo (Stagelt LIVE)

To Benefit Challenger Center

Challenger
CENTER

7:00PM
(EDT)

Toby Lightman "I'm Comin' Over" - The Moon Edition

Toby Lightman Instagram LIVE

In honor of National Astronaut Day, I'm Comin Over online to play a short set to applaud our Astronauts who travel to the Moon & beyond. Leo is fascinated by the Moon, so I will play my new single "I'm Comin' Over", and songs & stories inspired by the Moon. All tips will be donated to Reading Is Fundamental, to help get books into the hands of children who don't have access, so they too can also learn about the moon and beyond! Please tune in, and I look forward to seeing you all then! (Instagram LIVE)



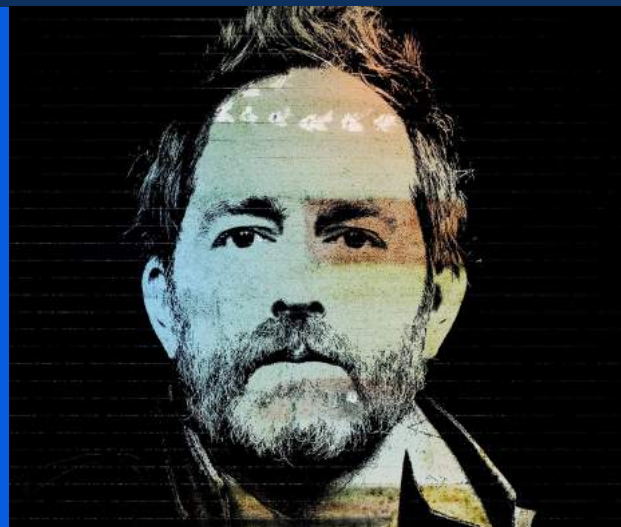
To Benefit Reading Is Fundamental (RIF)

Reading
Is Fundamental

7:00PM
(EDT)

Emerson Hart (of Tonic)
Emerson Hart Facebook Page

To Celebrate National Astronaut Day, Emerson Hart, of Tonic will be performing a special acoustic Facebook LIVE set. Please join him in honoring Astronauts from around the globe and admire the great discoveries they have made. See you there! (Facebook LIVE)



7:30PM
(EDT)

Hunter Hayes & Astronaut Garrett Reisman
Hunter Hayes Youtube



Tune in for a very special (not to be missed) conversation with
Hunter Hayes & Garrett Reisman
as they discuss a wide range of topics including; inspiration,
motivation, flying, life as an Astronaut and the future!

8:00PM
(EDT)

Michael Glabicki (of Rusted Root) w/ Dirk Miller
Michael Glabicki Facebook Page



Michael Glabicki, lead singer, songwriter and guitarist for Rusted Root, is bringing one of his new projects, a duo set up, to Facebook LIVEStream in honor of National Astronaut Day. Join us as Glabicki and his long-time bandmate Dirk Miller play some of your Rusted Root favorites along with new material. Pay what you can! Come hang with us! (Facebook LIVE)



[Donate via Paypal](#)

To Benefit Greater Pittsburgh Community Food Bank



[Donate via Venmo](#)

8:30PM
(EDT)

NAD Afterparty with Clayton & AstroClay
Clayton Anderson Instagram LIVE

RUN WILD THROUGH THE UNIVERSE WITH CLAYTON & ASTROCLAY

Your Mission?
To come hang at the afterparty
with Clayton Anderson²
(yes, that's right there are two)
It's always a good time of music (+the
scoop about Clayton's new single),
festivities, laughs and fun when these
two stars align.
(Instagram LIVE)



10:00PM
(EDT)

Particle Kid (J. Micah Nelson)

Particle Kid Facebook



Join Particle Kid for a special
National Astronaut Day
LIVE FROM EARTH
Facebook LIVE performance
Updates/Info : [@particlekid](https://www.facebook.com/.particlekid)

To Benefit Hawaii Farmers Union United



#WEBELIEVEINASTRONAUTS

